



# Brewer Parks & Recreation Department



**Brewer Auditorium**  
318 Wilson Street  
Brewer, Maine 04412  
Telephone: (207) 989-5199  
Fax: (207) 989-8448

Website: [www.brewermaine.gov](http://www.brewermaine.gov)  
Office Hours: Monday - Friday  
8:00 a.m. - 4:30 p.m.

## **MISSION STATEMENT**

We seek to provide quality recreational programs, parks, facilities and a variety of enrichment opportunities with a professional standard of excellence that enhances the quality of life for all citizens and visitors in our community.

## **CANCELLATION POLICY**

If any program is cancelled due to inclement weather or other reasons, announcements will be made over area radio stations. Participants are also welcome to call the recreation hotline at 989-5199.

## **INCLUSION**

The City of Brewer is committed to an inclusive approach to recreation. If you have a disability, please contact us to discuss possible accommodations to assist you in participating in recreation programs.

## **REGISTRATION & REFUNDS**

The Brewer Recreation Department will accept registrations on a first come - first serve basis beginning on the designated date for each program. Non-resident participants are welcome to register for programs when they open, but will only be eligible for positions that remain open after Brewer residents are given the opportunity to register.

Any program fee will be refunded in full with withdrawal from class prior to first meeting. Refunds for withdrawals after first class will be done on a prorated basis. Any person dismissed from a program may not be entitled to any refunds.

## **FINANCIAL ASSISTANCE**

Is available to City of Brewer residents. Contact us to request an application for assistance if you see a program that you are interested in registering for.

# ***2014-15 Winter Activities***

# YOUTH ACTIVITIES

## Instructional Basketball

December 1 - January 28th

Mondays: Grades 1 & 2

Wednesdays: Grades K & 1

4:00 - 5:00 p.m.

Residents: \$30.00      Non-residents: \$35.00



Non-competitive program with emphasis on introducing basic basketball skills such as dribbling, passing, defense & shooting in a fun and positive atmosphere.

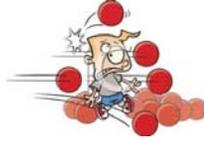
## Youth Dodgeball

February 11 - March 4

Wednesday Grades 3 - 5

6:00 p.m. - 7:30 p.m.

Residents: \$25.00      Non-residents: \$30.00



Stay active and enjoy one of your favorite activities by joining our new Dodgeball League. This program will feature fun and exciting games in a supervised and enjoyable setting.

## Preschool Basketball

January 7 - 28

Wednesdays

6:00 - 6:45 pm

Ages 4 & 5

Brewer Auditorium

Residents: \$25.00      Non-residents: \$30.00



This program is designed to introduce youngsters who are not yet attending school to the game of basketball while learning skills such as socializing, teamwork and sportsmanship. Children will learn new skills and play basketball focused games.

## Kids In Action

March 2 - 23

Mondays 11:00 - 11:45 am

Ages 4 & 5

Residents: \$15.00      Non-residents: \$20.00



This program will help youngsters develop their motor skills while socializing with other youngsters. Kids will enjoy running, skipping, hopping, and leaping thru fun and engaging activities.

## Ski & Snowboard Lessons At Hermon Mountain

January 5 - February 2nd

Mondays: 4:30 - 6:15 pm

Ski Resident: \$80.00      Non-Resident: \$90.00

Snowboard Res: \$100.00      Non-Resident: \$110.00



Program includes four 1hour lessons, free time, instruction & supervision and rental equipment. Transportation is responsibility of the participant.

## Preschool Fun Time

November 12 - April 15

Wednesdays 10:00 a.m. - 11:30 a.m.

Brewer Auditorium      No fee.

Preschoolers & Parents



This program is designed to offer parents & youngsters a large play area where they can participate in games of their choice. Recreational equipment is supplied to encourage youngsters to development physically and to socialize with other children.

## Youth In Motion

December 6, January 3, February 7, March 7

6:00 - 7:30 pm

Free



Youth in Motion is a program for children and young adults who have a disability and want to get together with others who have a disability to play games and sports in a wheelchair. Parents, friends and siblings also encouraged to participate. Program offered in cooperation with Alpha One. For more information contact us at 989-5199.

## Youth Karate Classes

Tuesdays

5:30 - 6:30 pm      Beginners

Monthly Classes

Residents: \$35.00      Non-residents: \$40.00



Instructor Gary West will lead participants through progressive classes introducing Goju Karate Do. Introductory classes are a great way to improve participants' self confidence, self control and respect while having fun.



## Ice Skating – Outdoor Rinks



Conditions permitting, the Brewer Parks & Recreation Department will maintain two outdoor ice rinks for skating. The rink on Doyle Field is available for general skating. Hockey sticks & pucks are not allowed at this facility. The **Thomas Caldwell Rink** located on Acme Road, beside the indoor Penobscot Ice Arena, will be lighted and available for hockey.

## Brewer Youth Sports Basketball & Cheerleading

### Grades 3 - 4, 5 - 6 & 7 - 8

[www.breweryouthsport.com](http://www.breweryouthsport.com)

# FAMILY ACTIVITIES & SPECIAL EVENTS

## North Pole Calling

December 15 - 17  
Grades Preschool - 2  
4:30 p.m. - 8:00 p.m.



The Brewer Parks & Recreation Department has once again made arrangements with the North Pole to have Santa contact youngsters with holiday greetings. Special invitations will be available in December.

## Breakfast with Santa

December 17  
Ages: Preschoolers  
Residents: \$5.00  
Non-residents: \$8.00  
Pre-registration required. Limited Space.

Brewer Auditorium  
10:00 – 11:30 am



Join us for a morning of juice, donuts, craft activities, giveaways and a visit from the big elf himself. Parents are encouraged to bring their cameras!

## Brewer Hometown Band Holiday Concert

Sunday, December 14th  
Brewer Auditorium 1:00 p.m.  
Music by Brewer Hometown Band



Enjoy an afternoon of festive holiday music as Brewer's own Hometown Band plays all of your holiday favorites. The Hometown Band is sure to get concert goers of all ages in the holiday spirit with a wide variety of holiday favorites, treats and door prizes. Come hear one of the area's largest and best hometown bands.

## Father-Daughter Valentine Dance

Friday, February 6th  
6:30 - 8:30 p.m.  
Registration date to be announced.



Join us for this much anticipated annual event as girls in grades K - 6 and their guest will enjoy an evening of music, dancing and treats as they spend this special time together. Watch for registration materials to be released in early January.



## MRPA - Maine Red Claws Hotshot Basketball Local Competition

Tuesday, December 30th  
Ages 9-18 1:30 p.m.  
Brewer Auditorium



Join us with the Maine Recreation & Parks Association & the Maine Red Claws, Maine's own professional basketball team and affiliate of the Boston Celtics, for Hotshot Basketball. This is a skills competition that involves shooting from five "hotspots" in three one minute rounds. Winners will move on to regional & state competitions. State finals will be held prior to a Red Claws game in Portland.

## Brewer Auditorium Sunday Open Gyms

December 7 - March 8

Family	12:00 – 1:30 p.m.
Grade 5 - Under	1:30 - 3:00 p.m.
Grade 6 - 12	3:00 - 4:30 p.m.
Adult	5:30 - 7:30 p.m.

Sunday is everybody's day to enjoy the Brewer Auditorium with pick-up basketball and free shooting time for individuals or the whole family.

*(Adult open gym will begin on January 4th.)*



# ADULT ACTIVITIES

## Winter Walking

Brewer Auditorium  
November 3 - March 31  
Monday - Friday  
6:30 - 9:00 am

Stay active this winter in the warmth and safety of the Brewer Auditorium. In addition to the many health benefits of walking you will also enjoy nutrition tips and socializing, with no fees.

## Adult Aerobics Class

Monday & Wednesday Evenings  
5:30 - 6:30 pm  
Brewer Auditorium  
Res.: \$15.00 Non Res.: \$20.00 month

This new program provides an energizing workout that is perfect for all fitness levels and will enhance your overall health and well being with aerobic and conditioning routines. Participants should bring an exercise mat with them.

## Adult Yoga Classes

Class Dates: Classes Offered Monthly  
Monday 5:30 - 6:30 pm  
Brewer Auditorium  
Resident: \$45.00/month Non-Resident: \$50.00/month

Join certified Kripalu Yoga Instructor Bunny Barclay. Classes are designed to improve strength, flexibility, balance and to increase the mind's ability to focus and relax through self awareness. Class format will also include postures and guided relaxation/meditation

*Yoga for MS class is offered on Thursday morning from 9:30 - 10:30am. Resident: \$12.00/month Non Resident: \$15.00/month*

## Adult Fitness Class

October 6 - May 22  
Monday, Wednesday, Friday  
9:00a.m. - 10:00 a.m.  
\$2.00 per class attended.

Older adults who are looking to improve their strength, flexibility and cardiovascular fitness will enjoy this class for the socialization as well as the health benefits.

## Adult Zumba

Tuesday & Thursday 5:30 - 6:30 pm  
Saturday 9:00 - 10:00 am  
Brewer Auditorium  
Instructor: Tammy Smith  
Resident: \$25.00/month Non-resident: \$30.00/month

This fitness class is accompanied by upbeat international music that incorporates a variety of dance styles including, salsa & calypso as example. Participants of all ages & fitness levels enjoy its energizing workout with toning and sculpting in a fun and invigorating atmosphere.

## Open Gym Basketball

November 11 - April 14th  
Tuesdays 12:00 noon - 2:00 p.m.  
January 5 - March 9  
Sundays 6:30 - 8:30 p.m.  
\$2.00 per day

## Adult Open Pickleball

December 1 - March 16  
Mondays 10:30 a.m. - 1:00 p.m.  
\$2.00 per day

Pickleball is one of the fastest growing sports in the country, enjoyed by players of all ages and skill levels. It is described as a combination of tennis, ping pong and badminton. It is played on a smaller court with wooden paddles and a plastic ball.

## Adult Co-ed Pick-up Volleyball

December 2 - March 3  
Tuesday Evenings  
7:00 - 9:00 pm  
Brewer Auditorium  
\$2.00 per night

Participants must be 18 years of age.  
Pick-up games for exercise and enjoyment.

## Wake-up Volleyball

November 6 - April 16  
Tuesday & Thursday  
10:00 a.m. - 12:00 noon  
\$2.00 per visit.

Pick up volleyball games.

## Men's Volleyball League

December 11 - February 26  
Thursday evenings 7:00 - 9:00 pm  
Team Rosters Accepted

Adult men's volleyball league with scheduled league that promotes fun competitive games.

## Tee Time Tune-up

Dates TBA  
12:00 noon - 1:00 p.m.  
Resident: \$30.00 Non-Resident: \$35.00

Get your golf swing ready for the spring season with this late winter primer. Players of all levels will enjoy instruction and the opportunity to prepare for the upcoming golf season.

## Indoor Golf Net Rental

January - April  
\$2.00/half hour

Keep your golf swing in shape this winter in our indoor hitting cage. Call ahead and reserve your tee-time.