



# Brewer Parks & Recreation Department

**Brewer Auditorium**  
318 Wilson Street  
Brewer, Maine 04412  
Telephone: (207) 989-5199  
Fax: (207) 989-8448

Website: [www.brewermaine.gov](http://www.brewermaine.gov)  
Office Hours:  
Monday - Friday  
8:00 a.m. - 4:30 p.m.

## MISSION STATEMENT

We seek to provide quality recreational programs, parks, facilities and a variety of enrichment opportunities with a professional standard of excellence that enhances the quality of life for all citizens and visitors in our community.

## CANCELLATION POLICY

If any program is cancelled due to inclement weather or other reasons, announcements will be made over area radio stations. Participants are also welcome to call the recreation hotline at 989-5199.

## INCLUSION

The City of Brewer is committed to an inclusive approach to recreation. If you have a disability, please contact us to discuss possible accommodations to assist you in participating in recreation programs.

## REGISTRATION & REFUNDS

The Brewer Recreation Department will accept registrations on a first come - first serve basis beginning on the designated date for each program. Non-resident participants are welcome to register for programs when they open, but will only be eligible for positions that remain open after Brewer residents are given the opportunity to register.

Any program fee will be refunded in full with withdrawal from class prior to first meeting. Refunds for withdrawals after first class will be done on a prorated basis. Any person dismissed from a program may not be entitled to any refunds.

## FINANCIAL ASSISTANCE

Is available to City of Brewer residents. Contact us to request an application for assistance if you see a program that you are interested in registering for.

## Winter Walking

Brewer Auditorium  
November 1 - March 30  
Monday - Friday  
6:30 - 9:00 am

Stay active this winter in the warmth and safety of the Brewer Auditorium. In addition to the many health benefits of walking you will also enjoy nutrition tips and socializing with no fees.



## Visit us online

*Check us out at the City of Brewer's new webpage ([www.brewermaine.gov](http://www.brewermaine.gov)) and facebook page for updates and the latest program information including weather cancellations and delays.*



# **2012-13**

# **Winter Activities**

# YOUTH ACTIVITIES

## Instructional Basketball

December 3 - February 4  
Mondays: Grades 1 & 2  
Wednesdays: Grades K & 1  
4:00 - 5:00 p.m.  
Residents: \$30.00      Non-residents: \$35.00



Non-competitive program with emphasis on introducing basic basketball skills such as dribbling, passing, defense & shooting in a fun and positive atmosphere.

## Middle School & High School Open Gym Basketball

December 3 - February 4th  
Mondays Grades 6 - 12  
2:30 p.m. - 3:30 p.m.



Drop in program for middle school & high school students who want to work on their basketball skills and enjoy pick-up games.

## Preschool Basketball

January 8 - February 5  
Tuesdays  
6:00 - 6:45 pm  
Ages 4 & 5  
Brewer Auditorium  
Residents: \$25.00      Non-residents: \$30.00



This program is designed to introduce youngsters who are not yet attending school to the game of basketball while learning skills such as socializing, teamwork and sportsmanship. Children will learn new skills and play basketball focused games.

## Ski & Snowboard Lessons At Hermon Mountain

January 7 - 28  
Mondays: 4:30 - 6:15 pm  
Ski Resident: \$80.00      Non-Resident: \$90.00  
Snowboard Res: \$100.00      Non-Resident: \$110.00



Program includes four 1 hour lessons, free time, instruction & supervision and rental equipment. Transportation is responsibility of the participant.

## Preschool Fun Time

November 7 - April 10  
Wednesdays 10:00 a.m. - 11:30 a.m.  
Brewer Auditorium      No fee.  
Preschoolers & Parents



This program is designed to offer parents & youngsters a large play area where they can participate in games of their choice. Recreational equipment is supplied to encourage youngsters to development physically and to socialize with other children.

## Youth In Motion

December 1, January 5, February 2, March 2  
6:00 - 7:30 pm  
Free



Youth in Motion is a program for children and young adults who have a disability and want to get together with others who have a disability to play games and sports in a wheelchair. Parents, friends and siblings also encouraged to participate. Program offered in cooperation with Alpha One. For more information contact us at 989-5199.

## Youth Karate Classes

Wednesday  
5:30 - 6:30 pm      Beginners  
6:30 - 7:45 pm      Advanced  
Monthly Classes  
Residents: \$35.00      Non-residents:  
\$40.00



Instructor Penny Johnson will lead participants through progressive classes introducing Goju Karate Do. Introductory classes are a great way to improve participants' self confidence, self control and respect while having fun.

**Brewer Youth Sports  
Basketball & Cheerleading  
Grades 3 - 4 & Grades 5 - 7  
November 16 – February 18  
Call for more info.**

## Skating & Sliding Party

Friday, February 15th  
6:00 - 8:00 pm

Join us as we enjoy an evening of skating, sliding and hot chocolate on Doyle Field, behind the Brewer Auditorium.

## Ice Skating – Outdoor Rinks



Conditions permitting, the Brewer Parks & Recreation Department will maintain two outdoor ice rinks for skating. The rink on Doyle Field is available for general skating. Hockey sticks & pucks are not allowed at this facility. The new **Thomas Caldwell Rink** located on Acme Road, beside the indoor Penobscot Ice Arena, will be lighted and available for hockey.



# FAMILY ACTIVITIES & SPECIAL EVENTS

## North Pole Calling

December 10 - 12  
Grades Preschool - 2  
4:30 p.m. - 8:00 p.m.

The Brewer Parks & Recreation Department has once again made arrangements with the North Pole to have Santa contact youngsters with holiday greetings. Special invitations will be available in December.



## Breakfast with Santa

December 12  
Ages: Preschoolers  
Residents: \$5.00  
Non-residents: \$8.00  
Pre-registration required. Limited Space.

Brewer Auditorium  
10:00 – 11:30 am



Join us for a morning of juice, donuts, craft activities, giveaways and a visit from the big elf himself. Parents are encouraged to bring their cameras!

## Brewer Hometown Band Holiday Concert

Sunday, December 9th  
Brewer Auditorium 2:00 p.m.  
Music by Brewer Hometown Band



Enjoy an evening of festive holiday music as Brewer's own Hometown Band plays all of your holiday favorites. The Hometown Band is sure to get concert goers of all ages in the holiday spirit with a wide variety of holiday favorites, treats and door prizes. Come hear one of the area's largest and best hometown bands.

## MRPA - Maine Red Claws Hotshot Basketball Local Competition

Thursday, December 27th  
Ages 9-18 1:30 p.m.  
Brewer Auditorium



Join us as we join the Maine Recreation & Parks Association & the Maine Red Claws, Maine's own professional basketball team and affiliate of the Boston Celtics, for Hotshot Basketball. This is a skills competition that involves shooting from five "hotspots" in three one minute rounds. Winners will move on to regional & state competitions. State finals will be held prior to a Red Claws game in Portland.

## Father-Daughter Valentine Dance

Friday, February 8th  
6:30 -8:30 p.m.  
Registration date to be announced.



Join us for this much anticipated annual event as girls in grades K - 6 and their guest will enjoy an evening of music, dancing and treats as they spend this special time together. Watch for registration materials to be released in early January.

## Brewer Auditorium Sunday Open Gyms

Sunday is everybody's day to enjoy the Brewer Auditorium with pick-up basketball and free shooting time for individuals or the whole family.

*December 16 - March 10*

Family	12:00 – 1:30 p.m.
Grade 5 - Under	1:30 - 3:00 p.m.
Grade 6 - 12	3:00 - 4:30 p.m.
Adult	5:30 - 7:30 p.m.

*Also, don't miss Ladies Open Gym on Tuesday evenings from 7:00 - 8:45 pm*

# ADULT ACTIVITIES

## Adult Aerobic/Fitness Class

Monday & Wednesday Evenings

5:30 - 6:30 pm

Brewer Auditorium

Res.: \$15.00 Non Res.: \$20.00 month

This new program provides an energizing workout that is perfect for all fitness levels and will enhance your overall health and well being with aerobic and conditioning routines.

Participants should bring an exercise mat with them.

## Adult Yoga Classes

Class Dates: Classes Offered Monthly

Monday 5:30 - 6:30 pm

Brewer Auditorium

Resident: \$45.00/month Non-Resident: \$50.00/month

Join certified Kripalu Yoga Instructor Bunny Barclay. Classes are designed to improve, strength, flexibility, balance and to increase the mind's ability to focus and relax through self awareness. Class format will also include postures and guided relaxation/meditation

## Older Adult Fitness Class

October 3 - May 24

Monday, Wednesday, Friday

9:00 a.m. - 10:00 a.m.

\$2.00 per class attended.

Older adults who are looking to improve their strength, flexibility and cardiovascular fitness will enjoy this class for the socialization as well as the health benefits.

## Zumba

Four Week Sessions held year round.

Tuesday & Thursday 5:30 - 6:30 pm

One Day a week

Resident: \$15.00 Non-resident: \$18.00

Two days a week

Resident: \$30.00 Non-Resident: \$36.00

Brewer Auditorium

Instructor: Ebony Ebersole

Participants of all ages & fitness will enjoy this program's energizing latin flavor music and movements with toning & sculpting in a fun and invigorating atmosphere.

## Adult Karate Class

Monthly Classes

Tuesday evenings

7:30 - 9:00 pm

Brewer Auditorium

Ages 14 - Adult

Instructor: Gary West

Resident: \$30.00 Non-resident: \$35.00

Improve your self control, confidence, awareness and respect all while having fun and getting into shape.

## Open Gym Basketball

November 13 - April 9

Tuesdays 12:00 noon - 2:00 p.m.

January 6 - March 10

Sundays 6:30 - 8:30 p.m.

## Ladies Only Open Gym

December 4 - February 5

Tuesdays 7:00 - 8:45 pm

\$2.00 per night

Participants must be 18 years of age. Pick-up games for exercise and enjoyment.

## Adult Co-ed Pick-up Volleyball

December 5 - March 6

Wednesday Evenings

7:00 - 9:00 pm

Brewer Auditorium

\$2.00 per night

Participants must be 18 years of age. Pick-up games for exercise and enjoyment.

## Wake-up Volleyball

November 1 - April 11

Tuesday & Thursday

10:00 a.m. - 12:00 noon

\$2.00 per visit.

Pick up volleyball games.

## Men's Volleyball League

December 6 - February 28

Thursday evenings 7:00 - 9:00 pm

Team Rosters Accepted

Adult men's volleyball league with scheduled league that promotes fun competitive games.

## Tee Time Tune-up

Dates TBA

12:00 noon - 1:00 p.m.

Resident: \$30.00 Non-Resident: \$35.00

Get your golf swing ready for the spring season with this late winter primer. Players of all levels will enjoy instruction and the opportunity to prepare for the upcoming golf season.

## Indoor Golf Net Rental

January - April

\$2.00/half hour

Keep your golf swing in shape this winter in our indoor hitting cage. Call ahead and reserve your tee-time.